

ANB Event Specifications

**OUTDOOR EVENTS**

	Pee Wee		Bantam		Midget		Youth		Junior		Senior	
	F	M	F	M	F	M	F	M	F	M	F	M
60m	+	+										
80m			X	X								
100m					X	X	X	X	X	X	X	X
150m	X	X	X	X								
200m					X	X	X	X	X	X	X	X
300m					X	X						
400m							X	X	X	X	X	X
600m	+	+										
800m			X	X	X	X	X	X	X	X	X	X
1000m	X	X										
1200m			X	X	X	X						
1500m							X	X	X	X	X	X
2000m					X	X						
3000m							X	X	X	+	X	+
5000m									+	X	+	X
10,000m											+	+
60m H	+	+										
80m H			X	X	X							
100m H						X	X		X		X	
110m H								X		X		X
200m H			X	X	X	X						
300m H							X	X				
400m H									X	X	X	X
1500m SC					X	X						
2000m SC							X	X	X	+	+	+
3000m SC									+	X	X	X
High Jump	X	X	X	X	X	X	X	X	X	X	X	X
Standing LJ	+	+	+	+								
Long Jump	+	+	X	X	X	X	X	X	X	X	X	X
Triple Jump					X	X	X	X	X	X	X	X
Pole Vault					X	X	X	X	X	X	X	X
Softball	+	+	+	+								
Shot Put	+	+	X	X	X	X	X	X	X	X	X	X
Discus	+	+	X	X	X	X	X	X	X	X	X	X
Javelin	+	+	X	X	X	X	X	X	X	X	X	X
Hammer			+	+	X	X	X	X	X	X	X	X
Combined	Tet	Tet	Tet	Tet	Pent	Pent	Hept	Oct	Hept	Dec	Hept	Dec

Note: X = championship event; + = event also offered in competition

ANB Event Specifications

**INDOOR EVENTS**

	Pee Wee		Bantam		Midget		Youth		Junior		Senior	
	F	M	F	M	F	M	F	M	F	M	F	M
60m	+	+	X	X	X	X	X	X	X	X	X	X
150m	+	+	X	X								
200m					X	X	X	X	X	X	X	X
300m					X	X	+	+	+	+	+	+
400m							X	X	X	X	X	X
600m	+	+					+	+	+	+	+	+
800m			X	X	X	X	X	X	X	X	X	X
1000m	+	+					+	+	+	+	+	+
1200m			X	X	X	X						
1500m							X	X	X	X	X	X
2000m					X	X						
3000m							X	X	X	X	X	X
5000m									+	+	+	+
60m H	+	+	X	X	X	X	X	X	X	X	X	X
High Jump	+	+	X	X	X	X	X	X	X	X	X	X
Standing LJ	+	+	+	+								
Long Jump	+	+	X	X	X	X	X	X	X	X	X	X
Triple Jump					X	X	X	X	X	X	X	X
Pole Vault					+	+	X	X	X	X	X	X
Shot Put	+	+	X	X	X	X	X	X	X	X	X	X
Weight					+	+	X	X	X	X	X	X
Combined	Tri	Tri	Tri	Tri	Pent	Pent	Pent	Pent	Pent	Pent	Pent	Pent
(alternate)	Tet	Tet	Tet	Tet						Hept		Hept

Note: X = championship event; + = event also offered in competition

**HERSHEY EVENTS**

	9 & 10	11 & 12	13 & 14	Notes on participation:
50m	X			- 9 & 10 may participate in 1 field and 2 track events plus relay, or 2 field and 1 track event plus relay
100m	X	X	X	- 11 & 12 may participate in 1 field and 2 track events plus relay, or 2 field and 1 track event plus relay
200m	X	X	X	- 13 & 14 may participate in 1 field and 2 track events <b>including</b> relay, or 2 field and 1 track <b>including</b> relay
400m	X	X		- an athlete can only be selected to compete in 1 event at the North American Final
800m		X	X	
1600m			X	
4x100m	+	+	X	
Standing LJ	X	X	X	
Softball	X	X	X	

Note: The 4x100m relay for ages 9 & 10 and 11 & 12 are not contested at the North American Final.

ANB Event Specifications

**OUTDOOR SPRINT HURDLE EVENTS**

Category	Distance	# of Hurdles	Height	To First	Between	Run-In
Pee Wee	60m	5	low	12m	7m	13m
Bantam	80m	8	0.76m / 30"	12m	7.5m	15.5m
Midget Female	80m	8	0.76m / 30"	12m	8m	12m
Midget Male	100m	10	0.84m / 33"	13m	8.5m	10.5m
Youth Female	100m	10	0.76m / 30"	13m	8.5m	10.5m
Youth Male	110m	10	0.91m / 36"	13.72m	9.14m	14.02m
Junior Female	100m	10	0.84m / 33"	13m	8.5m	10.5m
Junior Male	110m	10	0.99m / 39"	13.72m	9.14m	14.02m
Senior Female	100m	10	0.84m / 33"	13m	8.5m	10.5m
Senior Male	110m	10	1.07m / 42"	13.72m	9.14m	14.02m

**OUTDOOR LONG HURDLE EVENTS**

Category	Distance	# of Hurdles	Height	To First	Between	Run-In
Bantam	200m	5	0.76m / 30"	20m	35m	40m
Midget	200m	5	0.76m / 30"	20m	35m	40m
Youth Female	300m	7	0.76m / 30"	50m	35m	40m
Youth Male	300m	7	0.84m / 33"	50m	35m	40m
Junior Female	400m	10	0.76m / 30"	45m	35m	40m
Junior Male	400m	10	0.91m / 36"	45m	35m	40m
Senior Female	400m	10	0.76m / 30"	45m	35m	40m
Senior Male	400m	10	0.91m / 36"	45m	35m	40m

**STEEPLE CHASE EVENTS**

Category	Distance	# of Hurdles	Height	Note
Midget	1500m	12	0.76m / 30"	No water jump in place
Youth Female	2000m	23	0.76m / 30"	
Youth Male	2000m	23	0.84m / 33"	0.91m/36" also acceptable
Junior Female	2000m	23	0.76m / 30"	
Junior Male	3000m	35	0.91m / 36"	
Senior Female	3000m	35	0.76m / 30"	
Senior Male	3000m	35	0.91m / 36"	

**OUTDOOR THROWING EVENTS**

Category	Event	Female	Male
Pee Wee	Shot	2kg	2kg
	Discus	750g	750g
	Javelin	400g	400g
	Softball	✓	✓
Bantam	Shot	3kg	3kg
	Discus	750g	750g
	Javelin	400g	400g
	Softball	✓	✓
	Hammer	3kg	3kg
Midget	Shot	3kg	4kg
	Discus	1kg	1kg
	Javelin	500g	600g
	Hammer	3kg	4kg
Youth	Shot	3kg	5kg
	Discus	1kg	1.5kg
	Javelin	500g	700g
	Hammer	3kg	5kg
Junior	Shot	4kg	6kg
	Discus	1kg	1.75kg
	Javelin	600g	800g
	Hammer	4kg	6kg
Senior	Shot	4kg	7.26kg
	Discus	1kg	2kg
	Javelin	600g	800g
	Hammer	4kg	7.26kg

ANB Event Specifications

**INDOOR SPRINT HURDLE EVENTS**

Category	Distance	# of Hurdles	Height	To First	Between	Run-In
Pee Wee	60m	5	low	12m	7m	13m
Bantam	60m	5	0.76m / 30"	12m	7.5m	18m
Midget Female	60m	5	0.76m / 30"	12m	8m	16m
Midget Male	60m	5	0.84m / 33"	13m	8.5m	13m
Youth Female	60m	5	0.76m / 30"	13m	8.5m	13m
Youth Male	60m	5	0.91m / 36"	13.72m	9.14m	9.72m
Junior Female	60m	5	0.84m / 33"	13m	8.5m	13m
Junior Male	60m	5	0.99m / 39"	13.72m	9.14m	9.72m
Senior Female	60m	5	0.84m / 33"	13m	8.5m	13m
Senior Male	60m	5	1.07m / 42"	13.72m	9.14m	9.72m

**INDOOR THROWING EVENTS**

Category	Event	Female	Male
Pee Wee	Shot	2kg	2kg
Bantam	Shot	3kg	3kg
Midget	Shot	3kg	4kg
	Weight	16#	16#
Youth	Shot	3kg	5kg
	Weight	16#	20#
Junior	Shot	4kg	6kg
	Weight	20#	25#
Senior	Shot	4kg	7.26kg
	Weight	20#	35#

ANB Event Specifications

**OUTDOOR COMBINED EVENT SPECIFICATIONS**

Category	Event	Days	Event Order
Pee Wee	Tetrathlon	1	60m / LJ / SP / 600m
Bantam	Tetrathlon	1	80m / LJ / SP / 800m
Midget Female	Pentathlon	1	80mH / HJ / SP / LJ / 800m
Midget Male	Pentathlon	1	100mH / LJ / SP / HJ / 1000m
Youth Female	Heptathlon	2	Day 1 - 100mH / HJ / SP / 200m; Day 2 - LJ / JT / 800m
Youth Male	Octathlon	2	Day 1 - 100m / LJ / SP / 400m; Day 2 - 110mH / HJ / JT / 1000m
Junior Female	Heptathlon	2	Day 1 - 100mH / HJ / SP / 200m; Day 2 - LJ / JT / 800m
Junior Male	Decathlon	2	Day 1 - 100m / LJ / SP / HJ / 400m; Day 2 - 110mH / DT / PV / JT / 1500m
Senior Female	Heptathlon	2	Day 1 - 100mH / HJ / SP / 200m; Day 2 - LJ / JT / 800m
Senior Male	Decathlon	2	Day 1 - 100m / LJ / SP / HJ / 400m; Day 2 - 110mH / DT / PV / JT / 1500m

**INDOOR COMBINED EVENT SPECIFICATIONS**

Category	Event	Days	Event Order
Pee Wee	Triathlon	1	60m / HJ / 600m or LJ / SP / 600m
Pee Wee	Tetrathlon	1	60m / LJ / SP / 600m
Bantam	Triathlon	1	60m / HJ / 800m or LJ / SP / 800m
Bantam	Tetrathlon	1	60m / LJ / SP / 800m
Midget Female	Pentathlon	1	60m / HJ / SP / LJ / 800m
Midget Male	Pentathlon	1	60m / LJ / SP / HJ / 1000m
Youth Female	Pentathlon	1	60mH / HJ / SP / LJ / 800m
Youth Male	Pentathlon	1	60mH / LJ / SP / HJ / 1000m
Junior Female	Pentathlon	1	60mH / HJ / SP / LJ / 800m
Junior Male	Pentathlon	1	60mH / LJ / SP / HJ / 1000m
	Heptathlon	2	Day 1 - 60m / LJ / SP / HJ; Day 2 - 60mH / PV / 1000m
Senior Female	Pentathlon	1	60mH / HJ / SP / LJ / 800m
Senior Male	Pentathlon	1	60mH / LJ / SP / HJ / 1000m
	Heptathlon	2	Day 1 - 60m / LJ / SP / HJ; Day 2 - 60mH / PV / 1000m