



ANB launches the new Athlete Development and Support Program

Athletics New Brunswick is pleased to announce the launch of our new **Athlete Development and Support Program (ADSP)**, which will provide a framework for assisting our athletes to reach their highest potential through a system of direct and indirect support, designed to provide training and competition opportunities to help ANB athletes compete at the highest levels. This new program replaces its two highly successful predecessors, the Podium Program and the High Performance Program, merging them into one cohesive pathway. The new ADSP model was developed with input from the ANB membership as well as external partners, such as Athletics Canada and the Canadian Sport Centre Atlantic.

The ADSP is divided into four tiers: **Development, Performance, High Performance, and Elite**. These tiers represent the steps along the pathway to international competition. Athletes will qualify to a specific tier of the ADSP based on achieving performance standards and related criteria, set by the ANB High Performance Committee, and related to age-category and event specifications. Thus, each tier of the ADSP is divided into sub-categories based on athlete age as well as the sub-disciplines of athletics including outdoor and indoor track & field, cross country running, and road running. The ultimate goal is to encourage athletes to work towards competing at the highest levels in all aspects of athletics, but with a particular focus on having athletes compete at the Olympic Games and IAAF World Championships level.