



Podium Program Q & A

1. What is the major goal(s) of the Podium Program?

Creation of a program to benefit the membership of Athletics New Brunswick, specifically the Midget and Youth age classes. To track, retain, and assist athletes as they develop through the Training to Train & Learning to Compete stages of LTAD culminating in greater levels of success.

2. How were athletes identified?

Athletes were identified via three separate processes:

- I. Ranked in the top 3 in an ANB Championship event (midget or first year youth age class) at the end of the indoor season (closing on April 1st).
- II. Ranked in the top 3 in an ANB Championship event (midget or first year youth age class) at the end of the outdoor season (closing on August 31st)
- III. Finishing in the Top 5 of New Brunswick finishers at the Atlantic XC Championships.

*ANB championship events can be found online at <http://www.anb.ca/documents/uploads/ANBSpecs.pdf> *All performances must be from sanctioned meets and of legal readings subsequently being found at <http://www.anb.ca/Rankings/index.php>

3. Why and how were bantam aged athletes identified?

A small number of 2nd year bantam aged athletes were identified because in they will become midget aged athletes in the new year. These individuals were selected if they showed exceptional promise and if they had a comparable result in a midget championship event that would rank them in the top three – i.e. 60m is utilized because it is a comparable event. The 150m is not compared because it is not comparable. Inclusion of a bantam athlete would not exclude a midget athlete ranked in the top three.

4. Is there an added benefit to being identified more than once?

No, there is no added benefit to being identified through multiple events or seasons.

5. What happens when there are less than 3 ranked athletes in an event? Is everyone included no matter what?

If there are less than three performances the results/ranking will be examined in regards to competitiveness. As this program is aimed at developing participation inclusion of as many as possible is attempted. However, all performances are subject to being of a competitive nature in the event area. Competing in an event where the number of competitors is less than three ranked athletes will not guarantee inclusion in the program and are subject to the discretion of ANB staff.



For example if an athlete to competes in race walk or other events that are not as popular (more than 3 ranked athletes) just in the hopes of becoming identified there participation will not guarantee identification.

6. What does an athlete receive for paying \$50 and joining the program?

Recognition by Athletics New Brunswick (website and future media releases), exclusive program items (TBD), and opportunity to attend camps and clinics (when available)

7. Why does it ask on the application form if the athlete and coach have an annual plan? Performance plan?

The request of this information is for information purposes only. You do not have to submit any plans. It is a simple Yes or No answer and for information purposes only. There is no positives or negatives to an athlete having a plan or not. As athletes may not even be a member of a club and/or have a coach in place the answers given is for information purposes only.

8. Is there any impact to joining or not the program in regards to selection of future team events?

No, the podium program is not linked to selection for any other programs or teams. Selection to other teams or programs such as the High Performance Program, National Legion or Jeux Canada Games teams for example are separate and being a part of the Podium Program or not will have no impact in future selections.

If you have any further questions please do not hesitate to contact the program coordinator Jason Reindl (506-343-2149 or jasonreindl@me.com). It is hoped that the launch of this program will further promote the sport of Athletics, benefit the membership of Athletics New Brunswick, and lead to enjoyable experiences for all involved.